


	Monday	Tuesday	Wednesday	Thursday	Friday
Mildmay Community Centre: Cool Room Timetable – Summer 2026					
Mildmay Community Centre Opening Times	09:30-19:30	09:30-19:30	09:30-19:30	09:30 19:30	09:30-20:30
Opening times for cool room	09:30-19:30	09:30-20:30	09:30-11:00 then 15:00 to 19:30	09:30-17:00	15:00-20:00
Information	Cool Space			Grandma's Soup Kitchen	Cool Space
Whats on offer? Activities, Advice and Support	Dining area; FREE refreshments , free Wifi, reading material, board games, throughout the summer months. - times may vary please contact 020 7249 8286 for details			A vegetarian soup option every Thursday from 11:00 to 13:00 Everyone is invited to ' Prepare & Share ' a meal together.	Dining area; FREE refreshments , free Wifi, reading material, board games, throughout the summer months. - times may vary please contact 020 7249 8286 for details
See Timetable for full details of Services and Activities 					Mildmay Food Club £1 per person per household & free food available for those with no recourse to funds. Open: Every Friday from 11:30 to 13:00 for Islington Residents - Bright Start and Age UK advice and support available every Friday from 11:30 to 12:30